Respect and Inclusion Tips

Put yourself in the position of being a ‘minority.’
People who are members of under-represented groups experience this daily. If you find yourself in the ‘majority’ on most occasions, put yourself in a position where you are the only one of your race, ethnicity, gender, religion, physical status, sexual orientation or age group. This will give you a better understanding of what minorities experience on a regular basis.

Challenge inappropriate comments and behavior.
Most of us have heard an inappropriate comment or received an e-mail of questionable taste. When this happens, it is important to let the person know why the statement or behavior is a problem. This will reduce the chances of it happening again. Conversely, failure to confront an improper behavior increases the likelihood that it will be repeated.

Write an article on a diversity topic of interest.
Don’t worry! You don’t have to be a prolific author. Just identify an appropriate publication such as your local paper, a website or a newsletter. Write a brief article that describes a diversity holiday, a cultural practice or lists upcoming diversity events.

For more information on diversity, respect and inclusion contact the Plant Operations RIRT Team (po-rirt@umich.edu).

Exercise Class Registration
Begins on December 3

Motivating classes taught by some of the best instructor’s in the area.

Classes Include: Body Sculpting, Spinning, Yoga, Tai Chi, Pilates, Zumba and many more.

Classes run January 3 - April 17.

For more information, visit: www.mhealthy.umich.edu/exercise
In Recognition

From the Recreational Sports Department

Just wanted to send a big thank you for your efforts and that of your crew for all the work that was done on Palmer Field. I've enjoyed watching it turn green and no longer look like a dust bowl. I certainly appreciate the work done by Grounds.

-- Deb Webb

From University Health Service

Kudos to the afternoon Building Services crew at UHS. Last night around 9:30pm the alarm went off on one of our medical refrigerators. BAS called the appropriate person to let them know the alarm was going off but couldn't give anymore information than that. I called Ken Sawicki and he had his staff (Vicki Ford and maybe others) check the temperature for us so we could figure out what needed to be done. He also met the nurse, Donna Zak at the door when she arrived to help her. This really made a big difference for us. Not only helping over the phone and in person, but also with the feeling of security for Donna when having to come back in so late at night. Ken and his crew are really supportive of UHS. I don't believe I've ever had such a good relationship with a Building Services Supervisor and his crew before. -- Doreen Bolgos

The Waste Reduction and Recycling Office

Introducing MBay -- Online Trading System

Do you have office supplies or other items that your office or department no longer needs, but could be of use to others on campus? Are you looking to purchase items for your office, but want to go green and chose reuse? The University of Michigan Health System has created MBay, an online trading system to facilitate the exchange of items, and it’s now available to the entire U-M campus to use!

MBay is an open forum to facilitate the exchange of items. This internal web site has been set up to coordinate hand-offs to other departments or units - these items are FREE. Items listed on Mbay will be posted for 2 weeks, maximum.

For the sale of University property, contact Property Disposition for appropriate handling.

Access MBay through www.recycle.umich.edu